Navy Reserve Flag Officer & Senior Executive Seminar:

FORCE HEALTH POLICIES

CDR Charles Pimentel
Force Health Policies & Plans
703-614-2366

Role of NR Force Health Planner

Liaison and Advisor for the Chief of Navy Reserve related to medical matters:

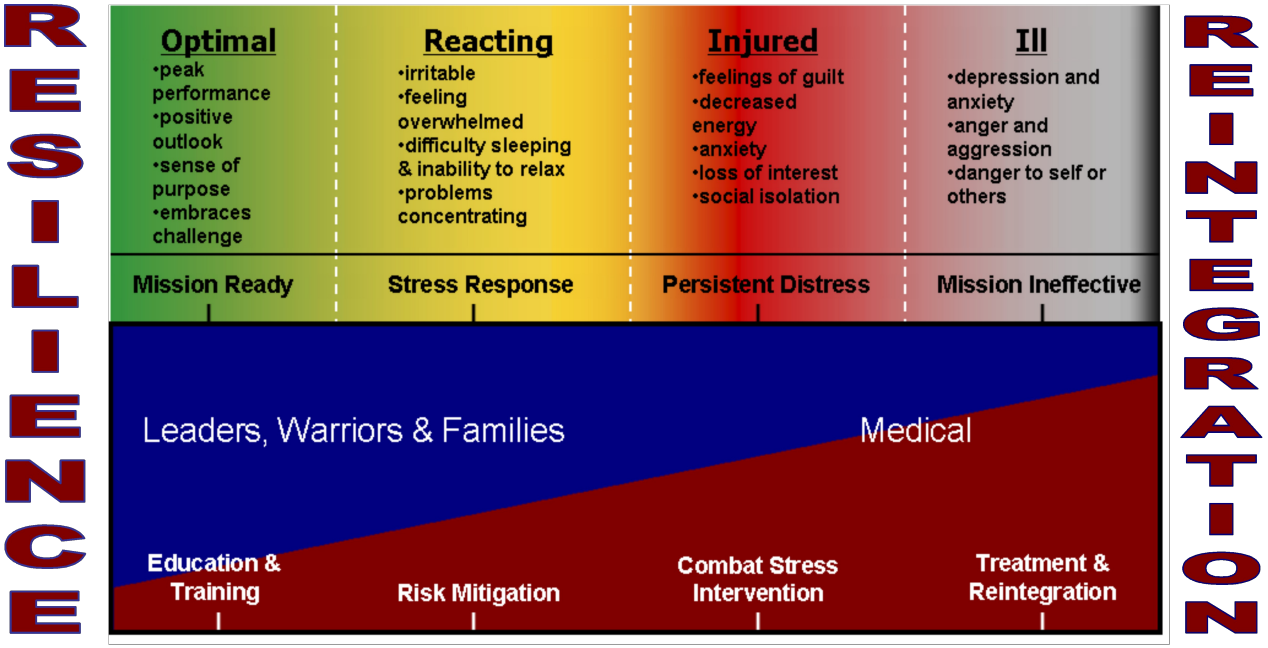
- Providing RC perspective in the development of policies & plans
  - DoD
  - Sister Services
  - Inter Departmental
  - Sailors and their Families

Our Future – Building a Culture of Resilience

- What we need – Changing Perspective & Paradigm
  - Prevention and Protection = Build a Resilient Force

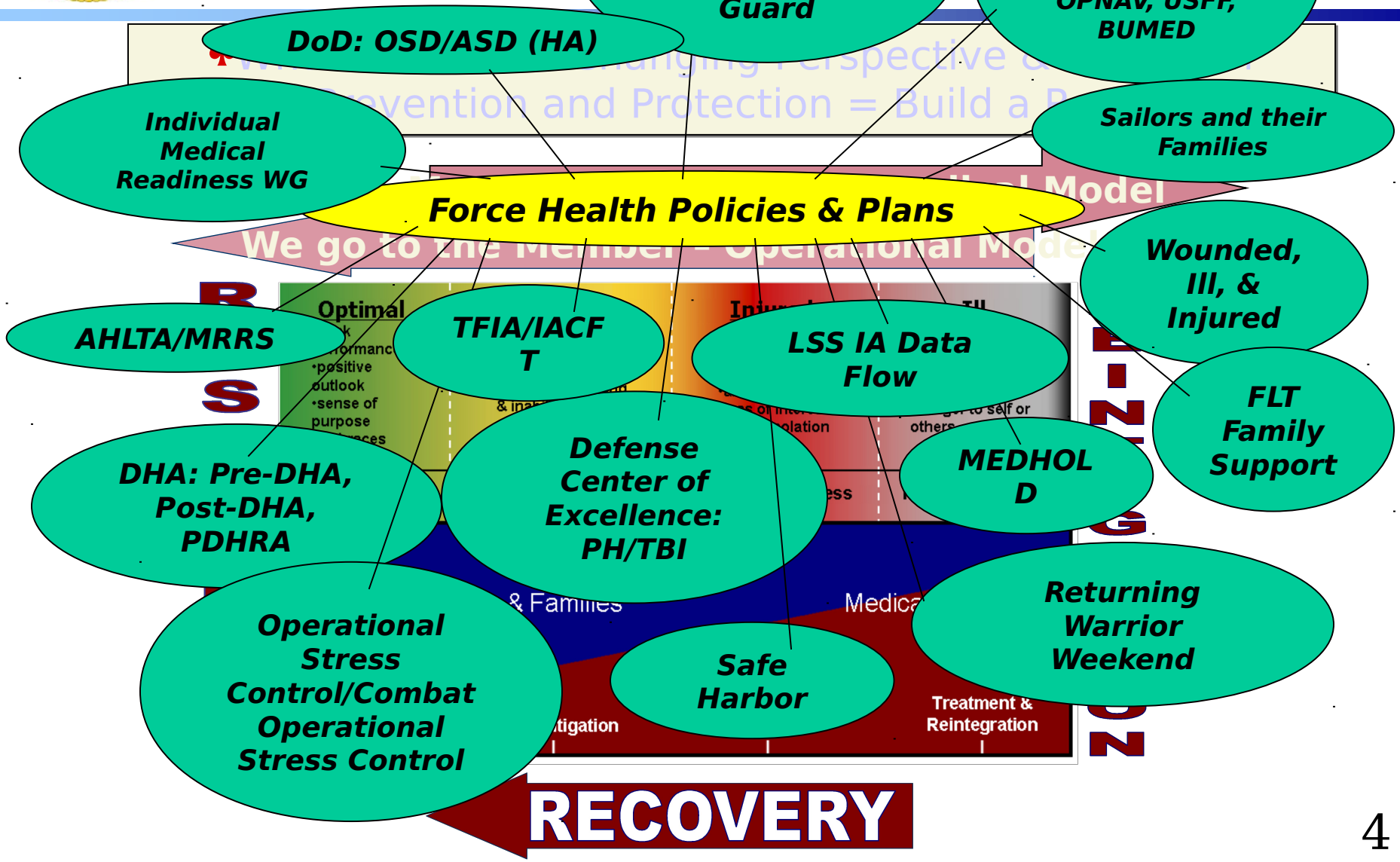
Member comes to us – Medical Model

We go to the Member – Operational Model



RECOVERY

Our Future – Buil… Culture of …ilience



NAVY RESERVE PSYCHOLOGICAL HEALTH OUTREACH PROGRAM

CAPT Virginia Torsch
N0951H Special Projects Coordinator
202-762-3010

Psychological Health Outreach Program

Purpose:

To provide early identification and clinical assessment of Navy reservists returning from deployment who are at risk for not having their stress injuries identified and treated in an expeditious manner; provides outreach and educational activities to improve the overall PH of Navy Reservists; and identifies long-term strategies to improve PH support services for the Reserve community

$2.99 Million Contract funded by PH/TBI supplemental (DHP $)

+ Director of Psychological Health
+ Two Psych Health Outreach Coordinators (OCs) and a Psychological Health Support Team with 2-3 members at each Reserve Component Command

Director of Psychological Health for Navy Reserve

- Assigned to BUMED but liaison to OCNR for policy and CNRFC for execution to coordinate the development of the Navy Reserve Psychological Health strategic plan
- Monitor availability, accessibility, quality, and effectiveness of mental health services available to Navy Reservists and their families
- Provide leadership and policy oversight for Psychological Health Outreach Program
- Develop Operation Stress Control (OSC) education & training opportunities for Navy Reserve

Psychological Health Outreach Program

Psychological Health Outreach Coordinators & Support Teams (2-3 members)

- Provide psychological health assessment & outreach to redeployed reservists
- Facilitate access to psychological health support resources for reservists & family members
- Provide mental health care coordination with NOSC, MTF, VA, civilian providers
- Provide psychological health outreach and education, including OSC training to NOSC MDRs, unit COs and reservists
- Facilitate Returning Warrior Workshop program and other similar programs
- Provide emergent psychological health support for natural/man made disasters.

Yellow Ribbon Reintegration Program (YRRP)

CAPT Andrew Turnley
Navy Representative to YRRP
757-282-8738

Yellow Ribbon Reintegration Program (YRRP)

Reintegration Program Requirements

- **Provide informational events/activities to facilitate access to services throughout the deployment cycle**
  - **Predeployment**
    - From time of alert to deployment; prepare for the rigors of combat
  - **Deployment**
    - Focus on challenges and stress associated with separation and combat
  - **Demobilization**
    - While at demob station until depart for home station; educate member about available resources and connect member to service providers
  - **Post-deployment/reconstitution**
    - From arrival at home station for the next 180 days
    - Reintegration activities required at 30, 60 and 90-day intervals
    - Focus on reconnecting with family, community and successful reintegration

Returning Warrior Workshop
and
Joint Family Assistance Program

Pat Nicholson
Family Support Program Manager
504-678-1898

Returning Warrior Workshop

- Retreat format
  + Designed to attract spouse attendance
  + Conducted away from military environment
  + Satisfies member's drill obligation
  + Target time frame 60-120 day post deployment
- Workshop Program staff
  + Speakers with subject matter expertise (4-5)
  + Facilitators (13 AC/RC and 7 contractors)
  + Chaplains (5-6)
  + Support staff (8-10)

8:1 Member to Counselor ratio

Returning Warrior Workshop

Sample agenda topics:

- **Code of the Warrior/Warrior transition**
- **Telling your story**
- **Difference in Crisis Relief and Well-Being: Spiritual Balance**
- **Why I want to go back**
- **Couples coming together**
- **Getting together with families**
- **Stress management**
- **COSC/Battlemind**
- **Transformational growth**
- **Veterans benefits**

Joint Family Support Assistance Program (JFSAP)

Provide mobile, high quality family services to augment current family programs' ability to meet the needs of Active Duty, Guard and Reserve family members.

- **Primary focus of support will be families who are geographically dispersed from a military installation**
- **Now located in all states and territories.**

BACK UP SIDES

GWOT Augmentation – Navy's Biggest Missions

CENTCOM Overall Totals (2SEP08)

14,644 Ashore

9,022 Afloat

- 883 Support to USMC (152RC/731AC)
- 668 Navy Construction Force (RC)
- 1025 Detainee Ops (295 RC/730 AC)
- 715 JTF HQs (217 RC/498 AC)
- 255 Electronic Warfare Support (9RC/246AC)
- 166 Civil Affairs (63 RC/103 AC)
- 126 C-RAM Support (126 AC)
- 130 Intel (80RC/50 AC)
- 59 Combat Air Support (20 RC/39 AC)
- 152 NAVSPECWAR (87 RC/65AC)
- 111 Base Operating Support (3 RC/108 AC)
- 125 Customs Inspector (RC)

- 399 JTF HQs (64 RC/335 AC)
- 186 Provincial Reconstruction Teams (56 RC/130 AC)
- 473 Training Teams (104 RC/ 369 AC)
- 146 Detainee Operations (121RC/25AC)
- 27 Intel (13 RC/14 AC)
- 91 Combat Support (3 RC/88 AC)

- 272 Navy Construction Force (269RC/3AC)
- 210 NAVELSF - Cargo Handling (RC)
- 371 Customs Inspection (RC)
- 367 Medical (AC)
- 115 Law & Order/ Confinement dets/Working dogs (102 RC/13 AC)

- 186 JTF Horn of Africa (31 RC/155 AC)
- 46 Comms Det (AC)
- 117 Base Operating Support (24 RC/93 AC)
- 42 Medical (AC)

OTHER GLOBAL:

- 263 Guantanamo (32 RC/231 AC)
- 289 Medical – Landstuhl (269 RC/2
- 122 CENTCOM HQ (46 RC/76 AC)
- 55 CENTCOM HQ J2 (51RC/4AC)

POC: CAPT Jerome Hamel, N3AUG
– AO: LCDR Howard Kolb howard.kolb@navy.mil 703-695-3085

As of 3 Sep 08

Navy Augmentation Missions

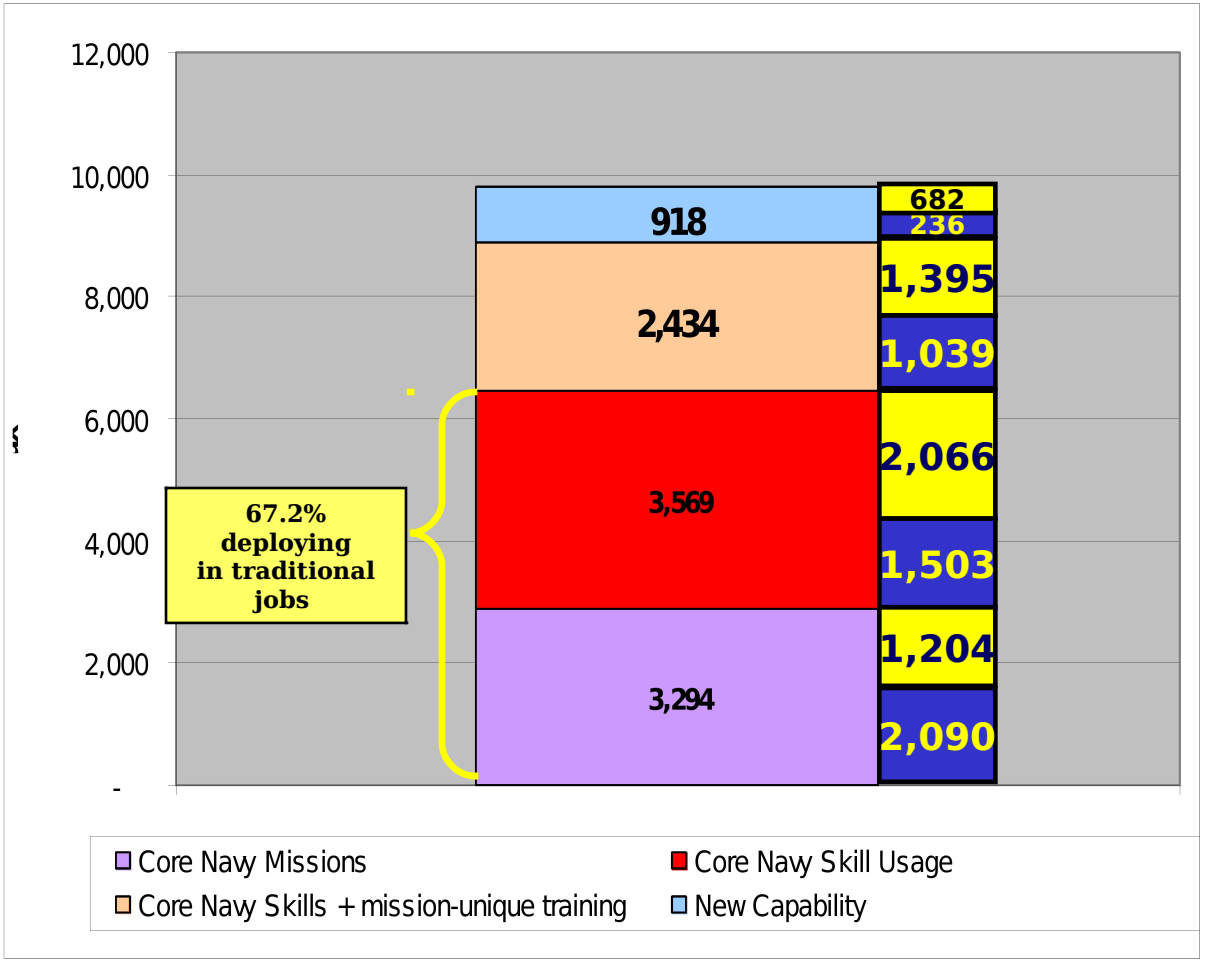
Function/Mission Type Examples

New Capability Missions
- *Civil Affairs*
- *Provincial Reconstruction Teams*
- *Training Teams*

Core Navy Skills + Mission-unique training
- *Detainee Operations*
- *IED and Combat Support*
- *Customs Inspection Battalion*

Core Navy Skill Usage
- *Intel*
- *Military Police/Master-at-Arms*
- *Base Operations*
- *JTF/COCOM Staff Support*
- *Medical Support*

Core Navy Missions
- *NMCB ("SeaBees")*
- *Airlift Support*
- *Cargo Handling*
- *Maritime and Port Security*
- *Medical/USMC Support*



5,347
4,868
AC
RC

Steady State requirements as of 3